

## “Invisible Wounds Conference for First Responders”

Date: Wednesday, October 24, 2018  
Time: Registration: 07:30 - Beverages & nourishment available. Presentations begin at 08:50 and end at 16:30  
Location: Best Western Plus Walkerton Hotel and Conference Centre - Tel:(226) 436-3030  
10 East Ridge Road, Walkerton, ON, N0G 2V0 - Discount rates under “Invisible Wounds”  
Tickets: \$90 (includes hot lunch and two breaks) Early Bird rate: \$80 until August 30<sup>th</sup>  
[Register online https://bit.ly/2uJvqRz](https://bit.ly/2uJvqRz)

The Invisible Wounds Conference offers **First Responders** an opportunity to gain awareness of the potential impact of Occupational Stress, Occupational Stress Injuries and life stressors. Six Keynote Speakers, most with lived-experience will share education, experience and expertise, empowering individuals with knowledge. Attendees will gain insight into the impact of stigma and moral injuries, tools to increase resiliency, sustain recovery, and strategies to develop and enhance Peer Support.

**Intended audience:** Those employed in Corrections, Clergy/Pastors supporting First Responders, Emergency Department Doctors and Nurses, EMS, Fire, Military, Police, Veterans, CISM and Peer Support Teams members. Human Resource Personnel, EAPS and Employee Wellness Employees directly involved in providing services to First Responders are welcomed, as are Professionals from agencies, organizations, services and corporations mandated to provide specialized services to First Responders.

**Kent Padfield**, *Kincardine Fire Chief*, Emcee for 2017, passes the mic to  
**Christopher Knoll**, *Chief of Police*, Hanover Police Services. Emcee for 2018

### Introducing our Keynote Speakers



**Andy MacDonald**  
Consultant, Retired Fire Chief  
*“The Kitchen Table”*  
*“De-Stigmatizing PTSD*  
*Among First Responders”*

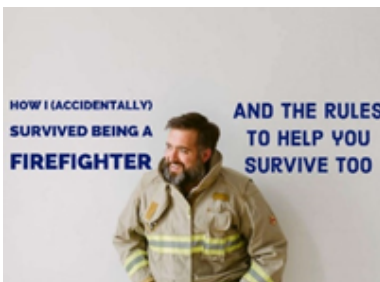


**Sergeant Beth Millard**  
Peer Support Unit/Team  
York Regional Police



**Jen Thompson**  
EI Analyst #5340

Co-presenters of  
*“Beyond the Critical Incident”*



**Nick Halmsey**, MACP  
Psychologist, Former Firefighter  
Author: *“AFTER THE CALL”*



**Anne Pickering** is a survivor of a house fire who, became a clinical social worker. Anne will draw on her clinical experience and present *“My journey to accept my new reality and ongoing healing from trauma.”*



**Michael Clark**  
Anglican Priest  
*“Managing Moral Injury through Spiritual Guidance”*

Moral injuries involve mental and spiritual effects of brutal service that cannot be attributed to P.T.S.D. Those who sustain a moral injury often feel extreme shame or guilt for acts they have committed or witnessed. This seminar focuses on the processes and mechanisms to address Moral Injury through spiritual guidance.



### Applied Suicide Intervention Skills Training (ASIST)

Invisible Wounds is collaborating with Steve Horner, ASIST and CISM Instructor to offer this two day course. **ASIST** is planned for Monday – Tuesday, October 22-23, in Walkerton. Registration: \$300. includes course material, lunch and 2 breaks. This course is frequently recommended for individuals serving on CISM and Peer Support Teams. A minimum of 15 registrations required. For added information and registration: [www.learnncism.com](http://www.learnncism.com)

Limited number of Exhibitor tables still available – contact [invisiblewounds.ca@gmail.com](mailto:invisiblewounds.ca@gmail.com)